

Questions for Studying the Psalms:

1. As a leader, read this Psalm ahead of time and write down some questions you would like to ask your group later. Think through this Psalm as a prayer. Identify the key metaphors and words that might make for good discussion. Prayerfully ask God to help you craft the right questions for your group.
2. When your group meets, read the Psalm out loud together twice.
3. Ask everyone to write down some questions that come to mind as the Psalm is read. Pause and give plenty of time to reflect.
4. What is one word or phrase that speaks to you, and why?
5. Does this Psalm reveal to us any sins that from which we need to repent?
6. What attributes of God are highlighted in this Psalm?
7. What Christian characteristics are revealed in this prayer / Psalm to which we need to aspire?
8. Are there any promises of God in which we can place our hope?
9. Is anyone willing to share a time in their lives where you had to pray a similar prayer?
10. What are some ways that we might be able to apply this to our lives?